

# ARE YOU EATING MONSANTO'S GENETICALLY MODIFIED ORGANISMS?

## What you should know about genetically engineered foods

**GMOs** (genetically modified organisms) are created when the genes from unrelated organisms, such as viruses and bacteria, are inserted into a plant or animal. More than 75% of all non-organic foods contain ingredients from GE (genetically engineered) crops or animals fed GE feed and given GE hormones and vaccines.

Despite growing public concern over the safety of Monsanto's Frankenfoods, the US government refuses to require safety-testing or labeling for GE foods.

Monsanto's Roundup Ready corn, soy, cotton, canola, sugar beets and alfalfa are designed to withstand massive doses of weed killers. Since these crops were first introduced in the 1990s, the use of toxic pesticides has increased dramatically.

Monsanto's GE bovine growth hormone (rBGH or rBST), now owned by Eli Lilly, has come under fire from Breast Cancer Action for links between the consumption of hormone-tainted animal products and rates of breast, colon, and prostate cancer.

Following Monsanto's lead in GE crops and hormones, the biotech industry is moving into GE animals. GMO salmon could soon be what's for dinner.

The biotech industry won't stop there. Products of nanotechnology and synthetic biology are quickly becoming the new Frankenfoods.



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## SCIENTISTS WARN THAT GMOS MAY:

Harm beneficial insects • Increase toxic pesticide use  
Create super-pests, super-weeds, & new plant viruses  
Increase cancer risks • Produce dangerous toxins  
Contaminate non-GMO crops • Set off allergies  
Produce antibiotic-resistant pathogens

# WHAT CAN YOU DO TODAY TO AVOID MONSANTO'S GMOS?

## BUY

Buy certified organic foods from co-ops, farmers markets, health food stores, and CSAs (Community Supported Agriculture programs).

## ASK

Ask your local grocers, restaurant owners, and food processors to label GMO foods and offer certified organic foods.

## TELL

Tell your elected officials to commit to truth-in-labeling and consumers' right to know by supporting mandatory labels on GMO foods.

## JOIN

Join the OCA's Millions Against Monsanto campaign and volunteer to help organize opposition to GMO foods in your community.

## FOR MORE INFORMATION:



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